## do 1 thing

## **Monthly Reminder**

Small steps toward being prepared for an emergency

Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

## Do1Thing in January: Make a Plan

Understand what puts you at risk from disasters and take steps to lower your risk.

## Tasks Plan what to do if you have to evacuate.

Choose two places for your family to meet. One should be right outside your home in case of a sudden emergency, such as a fire.

Take steps now to prevent damage to your home in a disaster.

Once you know what disasters could happen in your community, there are things you can do to lower your risk of injury or property damage.

Learn what disasters can happen in your area and decide what you will do in a disaster.

Knowing what disasters could happen can help you know how to be prepared and what to do. Contact your local American Red Cross or emergency management office to learn more about the disasters in your area.

News from the 01/01/2018 edition:

• Make a Plan

Excerpts:

Make a Plan

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