

## Spring Forward and Test Your Smoke Alarms for Daylight Saving Time



Get ready to spring forward for Daylight Saving Time!

Set your clock ahead one hour on Sunday, March 11. Use this as a reminder to push the test button on your alarm. If your alarm does not sound, you should replace the battery.

A smoke alarm with a dead or missing battery is the same as having no smoke alarm at all. Take care of the alarm according to its instructions. Follow these tips from the [U.S. Fire Administration](#):

- **Smoke alarm powered by a nine-volt battery:** Test the alarm each month. Replace the batteries every year. Replace the entire smoke alarm every 10 years.
- **Smoke alarm powered by a 10-year lithium battery:** Test the alarm each month. Since you cannot replace the lithium battery, replace the entire smoke alarm according to the alarm instructions.
- **Smoke alarm hardwired into your home's electrical system:** Test the alarm each month. Replace the backup battery every year. Replace the entire smoke alarm every 10 years.

Check the expiration dates of your emergency supplies during Daylight Saving Time, too. Replace any stocked goods that will expire in the next six months. Use the old supplies before they expire. Some examples of items that can expire are:

- Water
- Food
- Prescription medications
- First-aid supplies
- Batteries

For more information on emergency supplies, visit [Ready.gov](#).